

**Pittwater House** 

# **Senior School Co-curricular Activities**



The broad co-curricular offering at Pittwater House caters for a diverse range of interests and provides students with the opportunity to develop their talents beyond the classroom.

Many of our Senior School co-curricular activities build on those offered in the Junior School and allow students to continue to enhance their talents or develop new skills.

The School's programs are run by qualified staff and in many instances external professionals who have excelled in their relevant professions in sporting, the arts and military fields.

### **Leadership and Outdoor Education**

Pittwater House has an extensive leadership program in the Boys' Grammar School and Girls' College: Year Prefects, Student Representative Council and other leadership opportunities are also available. All students can become school leaders after completing a two to three year Leaders Program. This program helps students develop the confidence, skills and knowledge to be a good leader.

Outdoor Education is also a critical area that helps students build leadership skills and confidence and is available to all Senior School students. The program is structured so students work together in small groups and deal directly with concepts such as leadership, inclusiveness and the value of working towards a common goal.





### **Youth Development Programs and Expeditions**

Pittwater House students have the opportunity to participate in The Duke of Edinburgh Award. Open to students aged 14 and over, The Award is a structured youth development program in which participants must learn a skill, improve their physical well-being, volunteer in their community and experience a team adventure in a new environment. The Award consists of three levels - Bronze, Silver and Gold - each progressively more challenging.

In addition to The Duke of Edinburgh Award, students in Years 9, 10, and 11 embark on a two-week History Trip through Italy and Germany, exploring iconic landmarks, world-class museums, and pivotal moments that shaped our world—guided by experts who bring history to life.

#### **Cadets**

As a voluntary program open to students from Years 7 to 12, the Cadet Unit, PHSACU, offers invaluable opportunities for personal growth and skill development.

Through engaging activities focused on navigation, fieldcraft, leadership, and team building, students cultivate essential qualities such as service, courage, respect, integrity, and excellence.

Notably, these values are instilled by ranking cadets who, having themselves acquired crucial leadership skills and knowledge, now pass on their expertise to their peers.

The culmination of these teachings occurs during two annual camps, where students have the chance to put their newfound skills into practice in real-world scenarios.

Beyond the classroom and campgrounds, our Cadet Unit plays a vital role in supporting local RSL groups from Manly to Avalon. Participation in ANZAC services, ceremonial parades, and various school functions throughout the year underscores our commitment to community engagement and active citizenship.

Together, through service, camaraderie, and a dedication to excellence, our Cadet Unit continues to make a meaningful impact on the lives of our students and the broader community.

#### **Sports**

Sport plays a significant role in the life of Pittwater House students and as such we offer a variety of co-curricular sporting activities and competitive sporting opportunities throughout the year. With experienced coaches on hand, our students' skills are cultivated to allow them to reach their full potential.

Pittwater House students also benefit from many 'on-campus facilities' such as a swimming pool, large multi-purpose playing field, an indoor sports complex and tennis, basketball and netball courts.

#### **Clubs and Academic Competitions**

Clubs and competitions provide a platform for intellectual growth for all students, encouraging collaboration and skill development, resulting in personal and academic enrichment.

Academic competitions and co-curricular opportunities empower high-potential students to explore their passions beyond the classroom. From STEAM contests like Math Olympiads and Science competitions to humanities-based challenges like Debating and Writing Competitions, these experiences foster critical thinking, creativity, and leadership.

#### **Performing Arts - Music, Dance, Drama**

Involvement in the performing arts encourages students to expand their imagination and develop their own unique voice.

At Pittwater House, we have range of co-curricular activities that allow students to extend themselves beyond the classroom and enhance their performance, leadership and collaboration skills in a team environment.

We offer a wide range of co-curricular performing arts opportunities for all levels of ability and areas of interest which enrich and challenge students. These include private instrumental and vocal tuition, a variety of music ensembles, group and individual performance opportunities, major productions and representation at community and school events.

## **Co-curricular Activities at a Glance**

<b>Co-curricular Sports and Academies</b>		
SPORT ACADEMIES	Netball - College	Hockey
Advanced Boardriders	Rugby Union – Grammar	Mountain Biking
Running Academy	Touch Football – College and Grammar	Netball
Basketball Academy	Water Polo - College and Grammar	Rowing
Fitness Sessions (College and Grammar)		Rugby League
Swimming Squad	PATHWAY SPORTS	Rugby Union
	AFL	Sailing
SPORT PATHWAYS	Athletics	Snowsports
CDSSA – Combined District Schools Sport Association	Baseball	Softball
AICES – Association of Independent Co-Educational Schools	Basketball	Surfing
CIS - Combined Independent Schools	Canoeing	Swimming
NSW All Schools	Cricket	Tennis
SSA - School Sports Australia	Cross Country	Touch Football
	Diving	Triathlon
SPORT COMPETITIONS	Football	Ultimate Frisbee
Basketball – College and Grammar	Golf	Volleyball
Football (Soccer) - College and Grammar	Gymnastics	Water Polo
Futsal (College and Grammar)		

Co-curricular Performing and Creative Arts				
COMPETITIONS AND EVENTS	CO-CURRICULAR ENSEMBLES	SCHOOL EVENTS AND PERFORMANCES		
Dance Competitions/Festivals	Vocal Groups	HICES Jazz Academy		
Community Concerts	Big Bands	HICES Camp and Music Festivals		
Manly Jazz	Contemporary Bands	Music Festivals		
Northern Beaches Eisteddfod	Guitar/Bass Ensemble	Performing Arts Nights		
Northern Beaches Instrumental Festival	Marching Band	School Musical Productions		
Pittwater House Performing Arts Showcases	Orchestra	Individual Performance Opportunities		
Theatre Sports Competitions	Percussion Ensemble			
Official Ceremonies	Senior Concert Band	PRIVATE MUSIC TUITION		
	Senior Dance Companies	Piano		
	Senior Drama	Strings		
	Senior Choir	Woodwind Instruments		
	Stage Crew	Guitar and Bass Guitar		
	String Ensemble	Percussion/Drums		
		Voice		

Subject Competitions		
ASX - Share Market Game	Future Problem Solving	ICAS English Competition
AMT Australian Mathematics Competition	GATEway	ICAS Maths Competition
AMT Computational and Algorithmic Thinking Competition	Debating	ICAS Science Competition
Australasian Problem-Solving Mathematical Olympiads	HICES Maths Competition	NCSS Challenge (Programming)
Da Vinci Decathlon	High Potential Club	

Clubs, Groups and Activities		
Book Club - 'Chapters and Chips'	French Club	PDHPE Exam Preparation
Cadet Unit	French Conversation Club	Philosophy Thought Club
Chess Club	Homework Club	Set Design and Props Club
Code Camp	HSC Maths Study Club	Sustainability Club
Community Heroes Club	Learning with Python	Tabletop Gaming
Duke of Edinburgh	Mandarin Club	Theatre Sports
Engineering Workshop	Newspaper Club	Visual Arts Club



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# Want to find out more?

Book a Zoom Q&A with our Principal to learn more about our unique approach. Alternatively, to see our campus in action on a tour, contact our Registrar or join the tour waitlist on our website.

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